

Forsythiae Fructus



Forsythiae Fructus (连翘) is the dried fruit of *Forsythia suspensa* (Thunb.) Vahl, family Oleaceae.

Other name Lianqiao (Chinese), Weeping Forsythia Capsule

Macroscopic character

Long ovoid to ovoid, slightly compressed. External with irregular longitudinal wrinkles, numerous raised small maculates, and a longitudinal furrow on each of the two surfaces. Apex acute, bearing a small fruit stalk or its scar at the base.

Qingqiao: Mostly indehiscent, external greenish-brown, with less small greyish-white maculates, texture hard; seeds numerous, yellowish-green, slender, winged at one side.

Laoqiao: dehiscent from apex or to two segments, outer surface yellowish-brown or reddish-brown, inner surface mostly pale yellowish-brown, smooth, with a longitudinal septum. Texture brittle; seeds brown, mostly fallen off. Odor, slightly aromatic; taste, bitter.



Important cultivation area

Shanxi, Shaanxi, Henan provinces.

Processing method

1. Qingqiao: Collected in autumn when nearly ripe and still greenish, removed from foreign matters, steamed thoroughly and dried in the sun.

2. Laoqiao: Collected when fully ripe, dried, and removed from foreign matters.

Traditional Chinese Medicine action

Bitter; mild cold. Enter lung, heart and small intestine channels. Clear heat and remove toxin, disperse swelling and dissipate binds, disperse wind-heat.

Usage and dosage

6-15 g, decoction for oral use.

Contraindication and precaution

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